

PE - KS3 Level Descriptors

Level	Students:
3	<ul style="list-style-type: none">• Explore simple skills.• Copy, remember, repeat and explore simple actions with control and coordination.• Vary skills, actions and ideas and link these in ways that suit the activities.• They begin to show some understanding of simple tactics and basic compositional ideas
4	<ul style="list-style-type: none">• Select and use skills, actions and ideas appropriately.• Understand some tactics and composition.• See how their work is similar to and different from others' work, and use this understanding to improve their own performance.• Give reasons why warming up before an activity is important.
5	<ul style="list-style-type: none">• Link skills, techniques and ideas and apply them accurately and appropriately. When performing, they show precision, control and fluency.• Show that they understand tactics and composition.• Compare and comment on skills, techniques and ideas used in their own and others' work, and use this understanding to improve their performance.• Explain and apply basic safety principles when preparing for exercise
6	<ul style="list-style-type: none">• Select and combine skills, techniques and ideas and apply them accurately and appropriately in different physical activities.• When performing in different physical activities, they consistently show precision, control and fluency.• Show that they can draw on what they know about strategy, tactics and composition to produce effective outcomes.• Analyse and comment on skills, techniques and ideas and how these are applied in their own and others' work.
7	<ul style="list-style-type: none">• Select and combine skills, techniques and ideas and use them in a widening range of familiar and unfamiliar physical activities and contexts, performing with consistent precision, control and fluency.• Use imaginative ways to solve problems and overcome challenges.• Analyse and comment on how skills, techniques and ideas have been used in their own and others' work, and on compositional and other aspects of performance.
8	<ul style="list-style-type: none">• Select and combine advanced skills, techniques and ideas, adapting them accurately and appropriately to meet the demands of increasingly complex situations.• Consistently show precision, control, fluency and originality.• Analyse and comment on their own and others' work as individuals and team members, showing that they understand how skills, tactics, composition and fitness relate to the quality of the performance.